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BOCA WARRIORS TRACK TEAM

Amateur Minor Registration/Medical Release - Consent & Release/Waiver & Release of Liability

PLEASE PRINT CLEARLY:

Athlete's Name: _____
(First) (Last)

Date of Birth: ____/____/____ Age: ____ Grade: _____

Athlete's Email: _____ Athletes Cell: _____

Mom's Name: _____ Dad's Name: _____

Mom's Email: _____ Dad's Email: _____

Mom's Cell: _____ Dad's Cell: _____

Home Phone: _____

Address:

(Street) (City) (Zip code)

Current School: _____

Emergency Contact: _____ Phone Number: _____

Relationship: _____

Medical Release

In the event my child/athlete suffers a sudden illness, accident, or injury and neither parents nor guardians can be contacted, the undersigned further gives permission for any emergency treatment that is deemed necessary by a licensed health care provider.

Family Physician Name: _____ Physician's Office Number: _____

Medical Insurance Name: _____.

Policy Number: _____ Group Number: _____

Parent/Guardian Signature: _____ Today's Date: _____

Practice Times:

See Coach Announcements on Whatsapp

Competition Schedule:

<https://www.bocawarriors.com/competition-schedule>

Meet Age Grouping:

- AAU: Typically 1 year
- USATF: 2 years
- Club: meets can go either 1 year or 2 year (determined by meet director)
 - *Age is automatic via computer entry based on birthdate – athlete's age they will be by 12/31/2021*

Uniforms:

1. Please visit the site below for sizing chart:
www.worldsfastesthumans.com/pages/size-chart
2. Contact Coach Crate via WhatsApp to let him know the sizes you would like for him to order for your child
3. Uniforms will be available for pick up at time and location designated by coach Crate

Club Fees:

Club Fees are very reasonable, Call Coach Crate for more info:

Payable via cash, check (*made out to Boca Warriors*) & VENMO - @Boca-Warriors

Club fee includes uniform, practices and all meet entry fees (travel and hotel are NOT included)

*Scholarships are available to athletes in need of financial assistance.

Donations:

The Boca Warriors Track Club is a registered 501(c)3. As a non-profit, we strive to keep barriers to entry minimal so that every child who has the desire to run is able to do so. We are not able to cover our basic costs with the club fees alone, so we rely on generous donations from families and local businesses. Please reach out to Coach Crate should you like to help further our mission of giving every child the opportunity to run! All donations are tax deductible.

Consent and Release

The under signed, on behalf of themselves and their participant minor child/athlete named above (herein after the "athlete"), participating in any sponsored activity, including but not limited to sporting and non-sporting activities and events, including transportation to and from such activity, hereby releases and holds harmless the Boca Warriors Track Club and, its affiliated clubs, their Coaches, athletes, trainers, Athletic Director(s), administrators, directors, employees and agents, whether paid or volunteers, other volunteers or parents, any other paid employees or volunteer agents of the Boca Warriors Track Club, member participants of the Boca Warriors Track Club and sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event (hereinafter collectively referred to as the "Releasees"),

- 1) From any and all liability for any mishap, injury or damage, including serious injury and death, to the athlete and the undersigned(s) from the time of departure to the time of return from any such activity, including any mishap, injury or damage resulting from or caused or alleged to be caused in whole or in part by the negligence of the Releasees.
- 2) From any mishap, injury or damage, including serious injury and death, to the athlete and the undersigned(s) resulting from the activity, mode of transportation, or the provider of any such transportation whether resulting from an accident or otherwise, including any mishap, injury, or damage resulting from or caused or alleged to be caused in whole or in part by the negligence of the Releasees.
- 3) From any loss, destruction, or damage to any personal property of the athlete or the undersigned, including any mishap, injury, or damage resulting from or caused or alleged to be caused in whole or in part by the negligence of the Releasees.
- 4) From any and all mishap, injury or damage, including serious injury and death, to the athlete and the undersigned(s), as described in the paragraphs above or which otherwise may occur, including any mishap, injury, or damage resulting from or caused or alleged to be caused in whole or in part by the negligence of the Releasees.

The undersigned(s) further agrees that any claim or dispute arising from or related to this agreement, including any mishap, injury, or damage resulting from or caused or alleged to be caused in whole or in part by the negligence of the Releasees, shall be settled by binding arbitration. The undersigned(s) understands that this method shall be the sole remedy for any controversy or claim arising out this agreement, including any mishap, injury, or damage resulting from or caused or alleged to be caused in whole or in part by the negligence of the Releasees, and expressly waive their right to file a lawsuit in any civil court against the Releasees for such disputes, except to enforce any arbitration decision.

Waiver and Release of Liability

In consideration of the undersigned's athlete being allowed to participate in any way in the South Florida HEAT athletics/sports program, and any sponsored events and activities, the undersigned on behalf of the athlete,

- 1) Agrees that the parent(s) and/or legal guardian(s) of the athlete will instruct the athlete that prior to participating he or she should inspect the facilities and equipment to be used, and if the athlete believes anything is unsafe, he or she should immediately advise his or her coach or supervisor of such condition(s) and refuse to participate.
- 2) Acknowledges and fully understands that each athlete will be engaging in activities involving risk of serious injury, including permanent disability and death, and severe social and economic losses which might result, not only from their own actions, inactions, or negligence, but the action, inaction, and negligence of others, including that of the Boca Warriors Track Team or any other of the Releasees, or condition of the premises or any equipment used. Further, the undersigned acknowledges and fully understands that there may be other risks not known to the Boca Warriors Track Club or not reasonably foreseeable.
- 3) Assumes all the foregoing risks and accepts personal responsibility for the damages to themselves and the athlete following such injury, permanent total disability or death.
- 4) As acknowledged in the Consent and Release section above and this section, releases, waives, discharges and covenants not to sue the Releasees from any and all liability to the undersigned and the athlete, their heirs, administrators, estates, guardians, and next of kin, for any and all claims, demands, losses or damages on account of any loss or injury, including personal injury, death and damage to property, caused or alleged to be caused in whole or in part by the negligence of the Releasees or otherwise, arising out of any aspect of the athlete participation in the Boca Warriors Track Club program.

I HAVE READ THE ABOVE CONSENT AND RELEASE AND THE WAIVER AND RELEASE OF LIABILITY, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS INDIVIDUALLY AND ON BEHALF OF MY MINOR CHILD BY SIGNING IT, AND SIGN IT VOLUNTARILY.

Name of Athlete/Minor Participant (print)

Name of Parent/Guardian (print)

Parent/Guardian Relationship (print)

Signature of Parent/Guardian

Dear Boca Warriors Track Club Families,

We are honored to have you join our club! The Boca Warriors Track Club is a non profit, competitive track and field and cross-country club team, with both AAU & USATF club membership status. Our goal is to develop, in young athletes, attributes and skills such as a great work ethic, daily pursuit of excellence, goal setting, fitness and strength, healthy lifestyle, perseverance and determination to better oneself.

We also emphasize sportsmanship, fostering respect and kindness towards each other as well as teamwork.

Along the way, we develop athletes to their full genetic potential helping them to achieve things they never thought possible while finding areas within the sport that they can succeed in at high level. This results in a positive self-image and more potential for growth both inside and out of sports.

We treat and train each athlete as an individual, catering to the needs and abilities of each one. We are athlete centered. In that, our concern is first and foremost their psychological and physical well-being over and above winning. We do like to win however, and strive to bring out the best in each athlete, taking a long-term approach to developing the whole body and mind.

We teach good sportsmanship and treating others with care, kindness, and respect.

Our parent team is just that. A team, looking out for one another's kids and helping with the process of developing a great program.

There are several important items for you to be aware of, including:

- Each student-athlete and their parent(s) are expected to review and sign acknowledgments pertaining to guidelines for both parent and student behavior regarding participation in activities.
- **Whatsapp** is a vital communication link and should be monitored frequently during the course of the day when your student-athlete is currently participating in a Boca Warriors Track Club activity. We also respectfully request your prompt response to inquiries as many people, both within and outside of the Boca Warriors Track Club, are typically relying on our timeliness.
- Boca Warriors are expected to arrive to ALL practices and meets on time. Every best effort should be made to do so.
- Boca Warriors agree to abide by the Code of Conduct set forth by the team. Coach Crate reserves the right to remove any team member for violating the code of conduct immediately and without reimbursement of funds.
- Our website is located at <https://www.bocawarriors.com>. You will find information about the track & field and cross country season, latest Boca Warriors News, Weekly Schedule, Monthly Calendar, Results and Meet information, etc.

We want to welcome you to the Boca Warriors family with open arms. Whether parent or child, coach or competitor, we all grow as a result of being a part of this special team.

With Gratitude,
Alan Crate, Head Coach

Dear Student-Athlete:

We are happy you have expressed a desire to participate in the athletic program of the Boca Warriors. As a member of one of our team, you will have a unique opportunity to make lasting friendships, develop athletic skills, demonstrate sportsmanship (e.g., respectful of competitors & authorities, including coaches and officials, etc.), and learning the value of team philosophy (e.g., selflessness) while competing against student-athletes.

The Boca Warriors coaches are proud of our running program and the many contributions our student-athletes have made in building a strong sense of community. We expect each student athlete will embrace the Warrior's tradition of outstanding sportsmanship, citizenship, and fair play by maintaining the highest standards of personal behavior. Boca Warriors' behavior will be a positive representation to each other, our competitors, and our community. With this in mind, student-athletes are expected to conduct themselves within the spirit and intent of the following guidelines:

In particular, team members will:

- Demonstrate outstanding competitive maturity including positive and uplifting communication both on and off the field/court. Bad language including profanity, taunting, tearing down of teammates, opponents, or authority figures is unacceptable. Failure to meet this standard of behavior will result in disciplinary action up to and including dismissal from the team;
- Student-athletes will demonstrate an understanding that individual recognition and accomplishments are the result of teamwork;
- Maintain uncompromising respect for coaches, referees, and other authority figures. If you have problems or concerns, we encourage you to discuss them privately with your coach or athletic director;
- Respect and care for property and equipment, whether personal, teammates, team, or opponents and please note that student-athletes will be billed for all equipment or uniforms that are lost, damaged, or stolen;
- Attend appropriate practices, meets and meetings on time;
- Remain at practice until dismissed by the coach;
- With the exception of an emergency, student-athletes will request to be excused from practice or a contest at least 24-hours prior to that contest or practice that will be missed;
- Failure to attend a meet without notifying the coach may result in athletes nonparticipation and/or removal from the team;
- Verbal or physical displays of affection that are of a romantic or of a sexual nature are strictly forbidden;
- Unless otherwise instructed by your coach, athletes must wear practice shirts or t-shirts without any questionable slogans or graphics for practices and game uniforms for contests;
- Student-athlete use or possession of a controlled substance (alcoholic beverages, inhalants, illegal drugs, or steroids) may result in dismissal from the team and all Boca Warriors activities;

The Boca Warriors Track Team is both excited and honored to have you joining our program. We welcome your inquiries as well as suggestions for how we can better serve home school athletes and their families.

With Gratitude,
Alan Crate
Head Coach

Dear Boca Warriors Parents:

The role of the parent in the education of a child through athletics is vital, and the Boca Warriors coaches and organization are honored that you have chosen to allow us to be a part of your child's growth. The value system and support that is within the home enables the student-athlete to accept and flourish within the wonderful learning opportunities that are uniquely available through competitive team activities. As our program continues to gain momentum, we want to take the opportunity to share with you some important parental responsibilities in assisting with the growth of our athletes.

Skill development, sportsmanship (e.g., respectful of competitors & authorities, including coaches and officials, etc), and team philosophy (e.g., selflessness) are the three critical goals of student-athlete growth at this level of competition. As important to these goals themselves, is the manner in which we as coaches and our parents teach and encourage these valuable lessons. With this in mind, below are some guiding principles in how parents are expected to conduct themselves:

- Realize that athletics are an important arena for learning and applying valuable life lessons – lessons that go well beyond the final score of a game;
- Respect the time of other parents by arriving on time to all meets, events and practices;
- Encourage our student-athletes to perform their best within the context of sportsmanship and team;
- Allow your student-athlete's Coach to be The Coach. You should not be coaching or directing any student-athletes including your own during competitive action. Direct any questions or concerns that you may have to your Athletic Director;
- Participate in positive cheers that encourage our student-athletes and discourage any cheers redirecting their focus;
- Learn, understand, and respect the rules of the game along with the officials who administer them.
 - How we interact with officials: a) is life-lesson for the student-athlete, b) reflects on us as parents, c) reflects on the coaches, and d) reflects on the broader Boca Warriors organization;
- While we hope that parents will enthusiastically cheer the kids, we expect our parents to conduct themselves honorably;
- Respect the task our coaches face and support them as they strive to educate our youth;
- Respect our opponents as student-athletes, acknowledge them for striving to do their best and treat them with courtesy;
- Employ a sense of dignity under all circumstances.

The leadership role you take will positively influence your child, The Boca Warriors Community, and our community for years to come.

With Gratitude,
Alan Crate
Coach/Athletic Director

The Boca Warriors Agreement Form

By signing this form we are acknowledging that our family has received, reviewed, and agree that we will abide by the principles stated in the Parent, Student-Athlete, and Family letters during our participation in the Boca Warriors program.

Parent(s) Acknowledgement

As the parent(s) of _____, and _____, I agree to follow the Parent Guiding Principles.

| | | |
|------------------------------|----------------------------------|---------------|
| _____ Parent Name (print) | _____ Parent Name (signature) | _____ Date |
| _____ Parent Name (print) | _____ Parent Name (signature) | _____ Date |

Student-Athlete Acknowledgement

I agree to follow the Student-athlete Participation Guidelines that I have received and read.

| | | |
|-------------------------------|-----------------------------------|---------------|
| _____ Athlete Name (print) | _____ Athlete Name (signature) | _____ Date |
| _____ Athlete Name (print) | _____ Athlete Name (signature) | _____ Date |

This form needs to be signed and submitted with your Registration Packet.